

## **Pediatric Chronic Pain Workshop**

Friday, October 23, 2009

**Morris J Wosk Centre for Dialogue**  
Simon Fraser University - 580 West Hastings St

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Accommodation: Delta Vancouver Suites Hotel  
550 West Hastings Street, Vancouver, BC

# Program

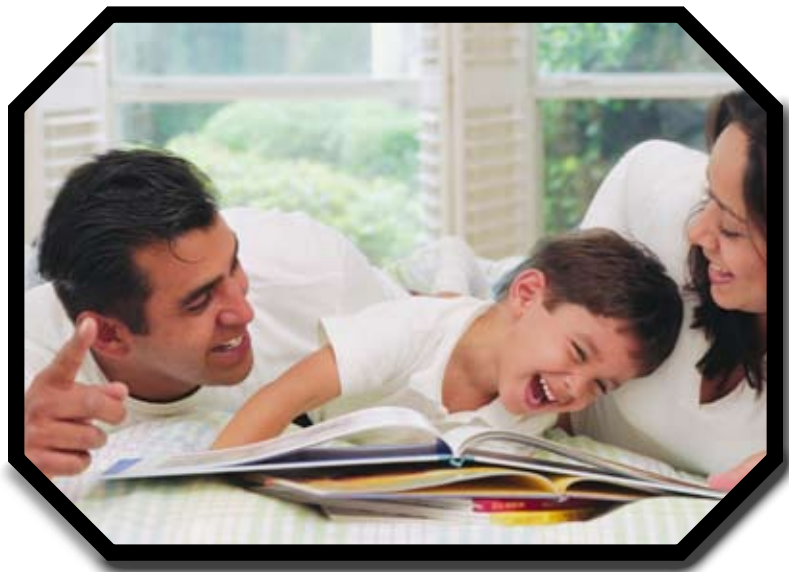


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In partnership with:  
Integrated Pain Service  
at BC Children's Hospital

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# Introduction

## Workshop Summary

Child Health BC, in partnership with the Integrated Pain Service at BC Children's Hospital, is hosting a knowledge transfer workshop on 'Pediatric Chronic Pain'. This workshop will provide an opportunity to discuss contemporary standards of care, and, with the participant clinical leaders and experts, and develop a concept for provincial pediatric chronic pain care in British Columbia. In addition, this forum will provide an opportunity for a needs assessment by exploring the key issues which facilitate and/or prevent the coordinated care of chronic pain in children in the community. The participants will have opportunities to exchange ideas in both structured and informal settings.

## Workshop Themes

The main themes covered in the five case based scenarios will highlight coordinated care of chronic pain in the community. Case based scenarios to be discussed include: chronic pain in the developmentally delayed child, chronic regional pain syndrome (CRPS), pain of unknown etiology, on-going post surgical pain. Issues to be highlighted in the case based scenarios include mental health, school liaison, transition to adulthood, and cultural diversity. The second theme will emphasize the importance of a coordinated team approach in working with children who are living with chronic pain.

## Workshop Objectives

1. To discuss practice options in assessing and managing chronic pain in the pediatric population with a goal of early identification and intervention to optimize function
2. To identify provincial, regional and community services that promote the integration of pediatric pain care in the management of childhood chronic disease
3. To provide opportunities that build relationships between the health care disciplines, regional health authorities and professionals at BC Children's Hospital
4. To inform Child Health BC what are the challenges to deliver best practice in the care of children with chronic pain

# Agenda

<b>Friday, October 23, 2009</b>		
8.30 am - 9.00 am	Breakfast	
9.00 am - 9.30 am	Introductions and Opening Remarks	Robert Peterson Gill Lauder
9.30 am - 10.30 am	Keynote Presentation: "Focusing Chronic Pain Care in the Community"	Patrick McGrath
10.30 am - 11.00 am	Getting the 'Chronic' out of Pain: Applying the Three P Approach (Physiotherapy, Pharmacology, Psychology)	Tim Oberlander
11.00 am - 11.15 am	Break	
11.15 am - 11.45 am	Evidence for Best Practice in Pediatric Chronic Pain	Hal Siden
11.45 am - 12.15 am	A Paced Approach to Activity	Maria Juricic
12.15 pm - 1.00 pm	Lunch	
1.00 pm - 1.30 pm	What constitutes a good outcome in Pediatric Chronic Pain?	Sue Bennett
1.30 pm - 3.00 pm	Case Based Presentations <ul style="list-style-type: none"> <li>• Complex Regional Pain Syndrome</li> <li>• Chronic Pain with Major Disability (Cerebral Palsy)</li> <li>• Peeling The Onion to the Core: Etiology of Pain</li> </ul>	Colleen Court Tim Oberlander Audrey Ho, Marilyn Ransby, Barbara Rosen
3.00 pm - 3.15 pm	Break	
3.15 pm - 4.15 pm	Case Based Presentations (continued) <ul style="list-style-type: none"> <li>• Ongoing Pain following Surgery</li> <li>• Chronic Pain in the Child with Potential for Addiction</li> </ul>	Gill Lauder Muffy Greenaway
4.15 pm - 5.00 pm	Presenter Panel Discussion with Questions from floor	
6.00 pm - 8.30 pm	<b>Reception and Networking Dinner</b>	

# Workshop Presenters

### **Sue Bennett, PhD, R Psych (Psychologist) Complex Pain Service, BC Children's Hospital**

Dr Sue Bennett is a Psychologist on the Complex Pain Service at BC Children's Hospital and in private practice, specializing in the treatment of children, adolescents, and youth with chronic pain.

Dr Bennett has a doctoral degree in Clinical Psychology from the University of British Columbia, where she is an Adjunct Professor. She completed her internship at Children's Hospital of Eastern Ontario. Her collaborative research has focused on the impact of chronic pain on coping, development, and health care utilization.



### **Colleen Court, RN, MSN Nurse Clinician, BC Children's Hospital**

Colleen Court RN MSN (Registered Nurse) is the Nurse Clinician with the Department of Anesthesia Acute Pain Service and with the Complex Pain Service at BC Children's Hospital. Ms Court specializes in the assessment and management of acute and chronic pain in children and youth and is the clinic coordinator for the Complex Pain Service. Ms Court has a graduate degree from the University of British Columbia and is a guest lecturer in the Nursing Department at the University of British Columbia, Langara College and Kwantlen College. Her collaborative research has focused on pain assessment, efficacy of acute pain modalities, and interdisciplinary treatment evaluation.



### **Maria Juricic, BSc, PT (Physical Therapist) Integrated Pain Service, BC Children's Hospital**

Maria Juricic is a Physical Therapist on the Complex Pain Service and Oncology and Hematology Program at BC Children's Hospital. Ms Juricic has a bachelor degree in Physical Therapy from the University of Toronto and a bachelor degree in Kinesiology from Simon Fraser University. She is a teaching assistant and instructor in the Physical Therapy Department at the University of British Columbia.



### **Muffy Greenaway, MD, FRCPC Child and Adolescent Psychiatrist, BC Children's Hospital**

Dr Muffy Greenaway was trained in medicine and psychiatry at the University of Alberta. She completed a Fellowship in Adolescent Psychotherapy at the Hincks-Dellcrest Institute in Toronto, Ontario before moving to BC in 2004. Muffy spent a year working with children and adults who have developmental disabilities before taking her current position at BCCH as the Medical Director of the Adolescent Inpatient Unit. She has an interest in education and is the co-director for Undergraduate Education in Child Psychiatry for UBC where she is appointed as Clinical Instructor. She also maintains an interest in consultation liaison psychiatry which she pursues as the consultant psychiatrist for the Complex Pain Team. Despite these many interests her main role these days is as a mother.

## Workshop Presenters

***Audrey Ho, PhD, R Psych (Psychologist)  
BC Children's Hospital***

Dr Audrey Ho, PhD, R Psychologist is a Clinical Psychologist at BC's Children's Hospital Neurosciences Program and a Clinical Associate Professor in the Department of Pediatrics at the University of British Columbia. She works with young children, adolescents, and families with acute neurological conditions, trauma or chronic medical conditions. She specializes in the psychosocial assessment and management of non-epileptic seizures and epilepsy. Dr Ho's collaborative research has focused on the assessment and treatment of conversion disorders and family coping for children with epilepsy.



***Gill Lauder, MB, BCh, FRCA, FRCPC  
Director, Integrated Pain Service and  
Pediatric Anesthesiologist, BC Children's Hospital***

Dr Gill Lauder received a MB BCh degree from University of Wales Hospital of Medicine, UK in 1985. She trained in anaesthesia from 1988 until 1998. During this time she spent one year at Great Ormond Street Hospital, London, and another at CS Mott Children's, Hospital, Michigan, training in pediatric anesthesia and pain management. She was appointed as a faculty member of the University of Bristol and consultant pediatric anesthesiologist to the Bristol Children's Hospital in 1998. From 1998 until 2006 she set up and lead a multidisciplinary chronic pain service at Bristol Children's Hospital. She was appointed as the Director of the Integrated Pain Service at BC Children's hospital in 2006.



Her clinical interests are pediatric acute and chronic pain management, interventional blocks for pain management and ultrasound guided regional techniques.

***Patrick McGrath, OC, PhD, FRSC  
Professor of Psychology, Pediatrics and Psychiatry  
Dalhousie University***

Dr Patrick McGrath is Vice President-Research at the IWK Health Centre and Professor of Psychology, Pediatrics and Psychiatry, at Dalhousie University. He is a leading researcher on pediatric pain and on distance treatment to increase access to psychosocial health care. His research has been recognized by appointment to the Order of Canada and election to the Royal Society of Canada and the Academy of Health Sciences of Canada. He has received numerous other awards. He is on the Governing Council of the Canadian Institutes of Health Research.



He is the Principal Investigator of the CIHR Strategic Training Program on Pain in Child Health and a CIHR Community Alliance for Health Research Grant in which he is completing trials of distance treatment in child mental health. A team that he leads (with C. Cunningham of McMaster University) was awarded a CIHR Team Grant in Access to Child Mental Health Care.

He has published over 300 articles, book chapters, abstracts, comments and editorials, 13 books and 5 internationally translated and distributed patient manuals.

# Workshop Presenters

### **Tim Oberlander, MD, FRCPC** **Developmental Pediatrician, BC Children's Hospital**

Dr Tim Oberlander is a Developmental Pediatrician at BC Children's Hospital and Professor in the Dept of Pediatrics, UBC. His work as a clinician-scientist focuses on how early life experiences "program" the developing brain, leading to increased behavioral risk or resiliency during childhood. As a clinician, he works with children with prenatal drug and alcohol exposure and with children with complex chronic pain. As a researcher, he studies the impact of how pregnant mothers' moods and prenatal uses of antidepressants influence key parts of the developing brain that influence a child's ability to pay attention, and regulate stress, pain and mood.



### **Bob Peterson, MD, PhD, MPH** **Director, Child Health BC** **Clinical Professor of Pediatrics at UBC**

Dr Bob Peterson received a MD degree and a PhD in Pharmacology from Yale University in 1974, having completed the National Institutes of Public Health sponsored Medical Scientist Training Program at that university. He was a resident in pediatrics at the Yale-New Haven Hospital until 1976 at which time he became a postdoctoral fellow in Clinical Pharmacology and Neonatology at the University of Colorado.

Dr Peterson subsequently joined the Department of Pediatrics at the University of Colorado as Assistant Professor, where he was Director of the Section of Pediatric Clinical Pharmacology. In 1983, he joined the Departments of Pediatrics and Pharmacology at the University of Ottawa, Faculty of Medicine as Associate Professor and Medical Director of the Ontario Provincial Poison Information Centre at the Children's Hospital of Eastern Ontario. In 1987 he became Director of the Children's Hospital Research Institute. He became Professor of Pediatrics and Pharmacology in 1989, and in 1990, Chairman of the Department of Pediatrics and Pediatrician-in-chief. He has authored numerous papers/chapters in pediatric clinical pharmacology/toxicology.

Dr Peterson completed a Master's of Public Health in the Department of Health Policy and Health Care Management at Harvard University School of Public Health in 1996. He joined the Therapeutic Products Program, Health Canada as Associate Director General in January 1999 and in July 2000, became the Director General of the Therapeutic Products Directorate. He left this post in March, 2005 to become Clinical Professor of Pediatrics at UBC and Director of Child Health BC.



### **Marilyn Ransby, PhD, R Psych (Psychologist)** **BC Children's Hospital**

Dr Marilyn Ransby is a Psychologist at BC Children's Hospital where she serves as the Co-Director of Psychology Training and as a clinical psychologist for the Neonatal Follow-up and Neurosciences Programme. She works with both children and adults in her Vancouver private practice.

Dr Ransby received her doctoral degree from the University of British Columbia in educational psychology. She pursued post-doctoral training at the California School of Professional Psychology in San Francisco in clinical psychology with an emphasis on health psychology. Dr Ransby's collaborative research has focused on the assessment and treatment of developmental dyslexia and the assessment of pediatric conversion disorders including NES (Non Epileptic Seizures). She is particularly interested in the way in which NES children and their siblings express affect or emotions.



# Workshop Presenters

**Barbara Rosen, PhD R Psych (Psychologist)  
BC Children's Hospital**

Dr Barbara Rosen is a Clinical Psychologist with special interest in pediatric medical illness and its psychological impact on the child and family. She is a staff Psychologist at BC's Children's Hospital providing inpatient and outpatient consultation, assessment, diagnosis, and therapy to children and youth, and their parents, within the ICU, Cardiac Sciences, and General Pediatrics areas, with a focus on pain and symptom assessment and management. Dr Rosen has a background within BC Children's Hospital since 1988 in the Oncology, Biomedical Diseases, and Hearing Loss Programs.

Dr. Rosen received her Ph.D. from the University of Alberta and completed her Internship at BC Children's Hospital. She is registered with the College of Psychologists of BC, is a member of British Columbia Psychological Association, and the Canadian Society of Clinical Hypnosis, BC Division. Dr Rosen is an Oral Examiner for the College of Psychologists, and an Adjunct Professor with Simon Fraser University.

**Hal Siden, MD, MHSc, FRCPC, DABP  
Medical Director at Canuck Place**

Dr Hal Siden directs the physician team and collaborates in implementing research and education programs. His clinical interests are pediatric palliative care, pediatric pain management and general pediatrics. He has Fellowship and advanced training in biochemical diseases, developmental pediatrics, palliative medicine, pain management and pediatric hypnosis.

Dr Siden is a Clinical Associate Professor in the Department of Pediatrics at the University of British Columbia (UBC). He has a cross appointment in the Division of Palliative Medicine, Department of Family Practice is also a physician on the Pain Service at British Columbia's Children's Hospital. He founded the Telehealth Program at Children's & Women's Health Centre of BC, which uses advanced telecommunications for long-distance clinics and education around the province. Telehealth continues to be one of Dr Siden's areas of interest.

Dr Siden is a graduate of Brown University and the University of Michigan's Medical School. He received his Master's Degree in Health Care and Epidemiology from the University of British Columbia.



# Workshop Details

## **CHILD HEALTH BC**

### **Building Capacity for Infant, Child and Youth Health Services**

Child Health BC, an initiative of the BC Children's Hospital, is a network of health authorities and health care providers dedicated to excellence in the care of infants, children and youth in British Columbia. BC Children's Hospital is an agency of the Provincial Health Services Authority.

Our mandate is to bring together partners from the Health Authorities, the Ministry of Health Services, the Ministry of Children and Family Development, the Ministry of Education the Ministry of Healthy Living and Sport and other provincial agencies and services to optimize the health of children and youth and to improve access to high quality clinical health services.

Child Health BC is working to ensure children receive the right service at the right time, in the right place, by the right provider.

Through many cooperative partnerships; regional subspecialty programs; education and dissemination; research; monitoring quality and performance; and developing standards, protocols and guidelines, Child Health BC is creating an integrated, standardized and accessible system of care available to all children in British Columbia.

## **FRIDAY, OCTOBER 23, 2009**

Registration will begin at 8:30 outside of the workshop room in the Morris J Wosk Centre for Dialogue, Simon Fraser University at 580 West Hastings Street. A continental breakfast with coffee and tea will be available.

Lunch will also be served in the "320 Strategy Room".

The evening reception and dinner arrangements will be announced at the Workshop.

Guests may purchase their own alcoholic drinks as desired.

## **PARKING**

Workshop attendees will self park in the lot across the street from Vancouver Delta Suites Hotel, on Seymour and Pender (at 443 Seymour St) and receive a parking voucher once they are on site. On departure, attendees will hand the attendant their voucher and the cost will be billed to Child Health BC.

## **CHECKING IN / CHECKING OUT**

Your hotel room has been booked by Child Health BC, all you will need is ID. Check-in begins at 3:00 pm and check-out time is 12:00 pm.

## **OTHER**

Fitness Centre and yoga/stretching room, complimentary to all guests. The hotel offers various in room massages, which create a relaxing experience.







## EXPENSE CLAIM FORM

### CHRONIC PAIN WORKSHOP FRIDAY, OCTOBER 23, 2009

<b>Name:</b>		
<b>Tel:</b>	<b>E-mail:</b>	
<b>Address:</b>		
<b>City:</b>	<b>Province:</b>	
<b>Postcode:</b>		
<b>Signature:</b>		
<b>Mileage (put # km):</b>		\$
<b>Airfare</b>		\$
<b>Taxi:</b>		\$
<b>Meal Per Diem for Thursday</b>	<i>May claim \$21.00 only if travelling before 6.00 pm</i>	\$
<b>Other:</b>		\$
<b>Session: (max 2 sessions)</b>	<b>\$476.28 x 2 = 952.56</b>	\$
	<b>Total:</b>	\$

**Please send form with your original receipts to:**  
**Garnett Bucknor, Child Health BC**  
**Room 2H2 - 4480 Oak Street, Vancouver, BC V6H 3V4**  
**Tel: 604 875 2345 ext. 5305**

**With Special Thanks to our  
Lead Benefactor**



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